



Internal Medicine Residency Program 2023- 2024



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Our Mission

Santa Clara Valley Medical Center Hospital and Clinics will provide high quality, compassionate, and accessible healthcare for all persons in Santa Clara County regardless of their social-economic status and ability to pay.

Our Vision

Better Health for All

Our Values

SCVMC Hospital and Clinics conducts itself and provides services from the fundamental value statements:

- > We provide excellent and compassionate care in a respectful manner to everyone
- > We demonstrate integrity by being open, honest, reliable, and dedicated to our mission
- > We respect the individuals we work with, the people we serve, and the communities of Santa Clara County
- > We value learning and strive for continual improvement based on what we learn, individually and as an organization
- > We are accountable for our performance, decision and actions
- > We strive for excellence in all we do

Program Director Introduction

Internal Medicine Residency
Introduction from David Jacobson, MD, FACP

Welcome to Santa Clara Valley Medical Center!

We are excited to show you what our training program has to offer. Our rigorous training focuses on the acquisition of practical patient care skills while balancing physician wellness and individual educational needs and career interests through personalized mentorship.



Our safety-net hospital has 681 beds, is a level 1 trauma center and one of only two major burn centers in California and sees over 500,000 patients per year. We moved into our new, state-of-the-art hospital in 2018. We use a fully integrated Epic for all inpatient and outpatient services which includes HealthLink access to Stanford University and other regional hospital records systems. The Department of Medicine has over 120 full-time faculty including 50 subspecialty attendings and 23 Hospitalists.

SCVMC offers the best of both worlds: a tight-knit community program with robust academic affiliations. We are a core teaching site for Stanford University School of Medicine's medical students and fellows, and, Valley interns and residents rotate at Stanford and the Palo Alto VA. In 2018 we developed an affiliation with Geisel School of Medicine (Dartmouth). The opportunity to teach and mentor medical students from Stanford and Dartmouth is an important aspect of your training. Our medium size means you will receive one on one mentorship with program leadership and our highly approachable faculty. Through hands-on care of complex patients, our innovative curriculum, and plenty of opportunities for scholarly activity and research, you will be well prepared to pursue any career goal after graduation.

Our program has 18 PGY1 Categorical positions (NRMP Program Code: 1063140C0).

This pamphlet is only meant to provide a broad overview of the program, leadership, structure, and benefits. For a deeper dive into academics, curriculum, and current and past residents, please see our <u>website</u>.

Program Leadership



David Jacobson, MD, FACP

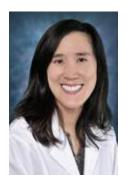
Program Director

Clinical Associate Professor (Affiliated), Stanford University School of Medicine Clinical Associate Professor of Medicine, Geisel School of Medicine

Medical School: University of Michigan, 1993-1997

Internal Medicine Residency: California Pacific Medical Center, 1997-2000

Chief Resident: California Pacific Medical Center, 2000-2001



Connie Lo, MD, FACP Associate Program Director

Medical School: UCSD, 1995 1999

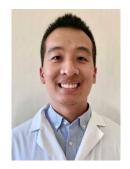
Internal Medicine Residency: SCVMC, 1999-2002

Chief Resident: SCVMC, 2002-2003



Brian Sun, MDAssociate Program Director

Medical School: St. Louis University, Missouri, 2011-2015 Internal Medicine Residency: SCVMC 2015- 2018



David Lin, MD

Associate Program Director

Clinical Assistant Professor (Affiliated), Stanford University School of Medicine

Medical School: Northwestern University, 2008-2012

Internal Medicine Residency: Stanford University Medical Center, 2012-2015

Gastroenterology Fellowship: UCLA, 2015-2018

IM Categorical Program

(Intern Schedule)

Our categorical interns and residents come from medical schools across the country and are a tight-knit group motivated by care of the underserved and a robust clinical experience. We have been on a modified 4+2 block schedule since 2015.

The block schedule affords increased ambulatory experience as interns, greater exposure to a panel of continuity patients and increased flexibility for individualized schedules. This allows for 'diastole' by alternating more intense 4-week inpatient blocks with less intense 2-week ambulatory blocks (4 or 5 per year), ILP time, vacation or inpatient subspecialty consult blocks.

The typical schedule of a categorical IM Intern contains:

- Inpatient Medicine wards: 16 (including 4 weeks at Stanford)
- ICU: 8 weeks (includes overnight call for senior residents, but not interns)
- Night Float: ~6 weeks
- Subspecialty Electives: ~8 weeks
 - These electives are broken into Core Medicine and Mastery electives. These electives include Cardiology, Endocrinology, Gastroenterology, Hematology/Oncology, Infectious Disease, Nephrology, Pulmonary and Rheumatology. The Mastery electives also include rotations such as palliative care, psychiatry, social medicine, TB/Refugee clinic, research and more.
- ED: 2 weeks
- · Ambulatory: 8 weeks
 - The ambulatory blocks are two weeks in length and in addition to time spent caring for a continuity panel of patients, also include time in subspecialty ambulatory clinics. Each intern will have ambulatory experiences in Social Medicine and Rheumatology, and will choose among other experiences like Cardiology, Gastroenterology, Geriatrics, HIV clinic, Dermatology and more.
- Vacation & Directed Reading: 4 weeks (2 weeks + 2 weeks)

Sample 2-week Ambulatory block schedule for PGY1:

Monday	Tuesday	Wednesday	Thursday	Friday
8AM-Noon: Rheumatology	8AM-Noon: Continuity clinic	8-10 AM: Didactic 10-Noon: Charting and Inbox Time	8AM-Noon: Continuity clinic	8AM-Noon: Rheumatology
1-5 PM: Continuity clinic	1-5 PM: Rheumatology	1-5 PM: Continuity clinic	1-5 PM: Rheumatology	1-5 PM: Rheumatology

IM Categorical Program

(Resident Schedule)

The typical schedule of a categorical IM PGY2 or PGY3 Resident contains:

• Inpatient wards: 10-16 weeks

• ICU: 4-8 weeks

• Night Float: 4-6 weeks

- Subspecialty Electives (Includes electives & dedicated ILP time): 8-12 weeks
- Ambulatory Blocks: 8-10 weeks (see sample 2-week schedule below)
 - As a senior resident the ambulatory blocks include more time in the care of your continuity panel and longitudinal time for QI and ILP projects

Sample 2-week Ambulatory block schedule for PGY2 & PGY3:

Monday	Tuesday	Wednesday	Thursday	Friday
		8AM-Noon:		8AM-Noon: Continuity clinic
1-5 PM: PCC/didactic time	1-5 PM: ILP/Project time	1-5 PM: Subspecialty clinic	1-5 PM: Subspecialty clinic	1-5 PM: Subspecialty clinic or Single experience clinic

Resident Academics

Scholarly Activity and Research

All residents are involved in QI/QA work through interaction with hospital metrics, coding basics and chart audit. Senior residents all give a noon conference talk (PGY2 year) and grand rounds lecture (PGY3 year). Residents pursuing academic jobs and fellowships get involved with more in-depth QI/QA projects and IRB approved clinical research. Most residents completing research work with mentors here at Valley, and some also have mentors at Stanford. The IRB offers expedited review for resident projects. Please see the end of this packet for a list of peer-reviewed publications and presentations at national meetings from the past 5 years. Residents may spend up to 6 weeks in approved research over their 3 years of training.

Ambulatory Care Curriculum

Focused didactic/experiential learning is built into the 2-week ambulatory blocks in protected half days. Many of these sessions utilize the Internal Medicine curriculum from Johns Hopkins. Other interactive sessions include musculoskeletal exam workshops, women's health, implicit bias training, humanities in medicine and experiences targeted to increase understanding of health disparities and the social determinants of health.

Resident Academics (continued)

Noon Report

This 45-minute case-based session is led by one of our Chief Residents from Monday through Thursday at Noon. The focus is on in-depth clinical reasoning with an emphasis on problem representation and the development of focused differentials. Sessions are highly interactive, making use of buzz groups, small group activities and cold call. The PowerPoint from every noon report is available to all residents for review and reference.

Academic Afternoons

Interns and residents have separate 2-hour protected learning sessions weekly. Intern sessions focus on knowledge and skills acquisition for commonly encountered patient care situations. Topics include stroke, hypotension, bleeding, shock, etc. The skills sessions include ECG analysis, antibiotic selection, ACLS drills, how to interpret a journal article and more. The resident curriculum's focus is on deepening and broadening residents' fund of knowledge and deploying evidence-based medicine. Sessions include time to recap the previous week's learning points, time for residents to teach each other, a block of time for residents to work through an interactive case in small groups and then facilitated debriefing with a subspecialist.

Social Medicine Lecture Series

On certain Fridays of the month, we have a social medicine lecture series that includes topics in social determinants of health, care of the homeless patient, care of African American, Vietnamese and Latinx patients, custody medicine, LGBTQ care and more.

"Resident as Teachers" Lecture Series

This series includes various topics including feedback on performance and on oral presentations, teaching without time, clinical reasoning 101, micro-skills of teaching, bedside teaching and more.

Morbidity & Mortality Conference

The Morbidity and Mortality conference is held monthly at Noon. Cases may focus on knowledge gaps, cognitive biases, communication problems or systems errors. The sessions are non-punitive in nature and are focused on filling knowledge gaps and creating systems change.

Point of Care Ultrasound (POCUS)

Given its high clinical utility, we have multiple POCUS machines available for exclusive resident use at any hour of the day here, allowing you to continuously learn, apply and refine your ultrasound skills in the service of active patient care. In addition to hands-on training on your ICU and wards rotations, seniors also have the opportunity to pursue additional dedicated POCUS time in an outpatient block

Individualized Learning Pathways

In order to allow residents a greater flexibility with individualizing their educational goals, pursue career-specific paths and gain a greater exposure to areas of interest, we offer a 2-year curriculum called the Individualized Learning Pathway (ILP). Second year residents have an option to choose one of five "pathways": Ambulatory Medicine, Hospital-based Medicine, Social Medicine & Advocacy, Global Medicine, and Research pathways. The objective is to aid each resident in identifying selfdirected learning goals, expose residents to specific skill sets for career growth and development, and foster research and mentorship with core faculty.

Ambulatory Medicine

Residents enrolling in this pathway will gain further training designed to improve their outpatient skills and prepare them for a career in primary care. Clinical experiences include opportunities to rotate in behavioral health, dermatology, women's health, urgent care, podiatry, wound clinic, Medication-Assisted

Treatment (MAT) clinic, diabetes care and nutrition. Residents undergo extra training in outpatient procedures, in-basket management, motivational interviewing, musculoskeletal exam, and agendasetting. Residents also have a chance to explore other ambulatory care settings to aid with making career choices. The Ambulatory ILP is highly customizable depending on a resident's particular interests and

The pathway prepares residents for the evolving roles of a hospitalist through small group sessions and clinical electives. Topics covered include teaching evidence- based medicine, developing leadership skills, radiology, EKGs, medical administration and the business of medicine. Residents also have the flexibility to choose clinical electives such as palliative care, neurology, podiatry and psychiatry consult services and work in our post-hospital discharge clinic to supplement their curriculum. There is involvement on an institutional level by serving on committees and developing quality improvement projects related to patient safety, utilization management or systems of care.

Hospital Medicine

Social Medicine & Advocacy or Global Medicine

needs.

Research

Residents enrolling in either:

Social Medicine & Advocacy OR Global Medicine will complete block rotations devoted to the care of patients in vulnerable populations: homeless persons, inmates, migrant farm workers, adolescents, and substance-dependent patients. The resident will participate in multi- disciplinary teams focusing on patient-centered approaches to health care. Additionally, the resident will have opportunities to rotate through addiction treatment groups, custody health and refugee clinic rotations. Residents will have the opportunity to participate in community outreach, or research aimed at addressing

health care disparities. Through our affiliation with Stanford/Yale, Global Medicine residents have travelled abroad to Uganda and South Africa and at domestic IHS sites.

Social Medicine & Advocacy residents have rotated with Indian Health Services (IHS) in Tuba City, Arizona.

Residents in this pathway will receive a **guided** experience in clinical research, including how to formulate a research question, design a study, analyze the results, and present or publish their findings. Residents will have the opportunity to present their research either at national meetings or via manuscript submission. This pathway is aimed at fostering scholarship for residents interested in academic medicine, research, or sub specialization by capitalizing on robust mentorship. Our affiliation with Stanford and the close network between our faculties will afford residents the opportunity to gain greater clinical experience and research in pursuit of their individualized goals.

Hospital Support

There are many support services at Santa Clara Valley Medical Center. Questions frequently asked by applicants have to do with other services that have a role in the care of medical patients.

Social Work and Case Management

We have robust case management and social work services to aid with financial and placement needs, substance use disorders, home care needs such as visiting nurse and infusions, skilled nursing placement and more. You will not be on the phone arranging for home oxygen.

Language Interpretation Services

In addition to daytime, in-person translators, translation services are available 24 hours a day in more than 50 languages by phone or video conference.

Physical / Occupational / Speech Therapy / Psychology / Therapeutic Recreation

These departments provide active consultation services for inpatients and outpatients and work in conjunction with the physical medicine and rehabilitation department.

Phlebotomy and IV Services

Blood is drawn by a phlebotomy team every two hours from 6:00 am to 9:00 pm. Floor nurses place most of the peripheral IVs. For 'hard sticks' we have a dedicated PICC team that can place peripheral IVs with ultrasound, midlines and PICCS.

Psychiatry

A liaison psychiatry consultation service is available for all patients at Santa Clara Valley Medical Center. Outpatient psychiatry services and emergency evaluations and admissions are available 24 hours a day next to the main hospital.

Radiology

Routine studies such as x-rays, ultrasound and CT scans are easily obtained with an excellent computerized file system. CT and MRI scans are available 24 hours a day as are ultrasound, angiography, and many interventional radiology procedures.

Current Housestaff Contact List 2023- 2024

DOVA Desidents	Marking Lock and	For all Address a
PGY1 Residents	Medical School	Email Address
Andrea Bocobo	Touro University- CA	andrea.bocobo@hhs.sccgov.org
Gianna Brown	Touro University- CA	gianna.brown@hhs.sccgov.org
Max Duesberg	California Northstate	max.duesberg@hhs.sccgov.org
Sonali Gupta	NY Institute of Technology	sonali.gupta@hhs.sccgov.org
Lucas Hill	Touro University- CA	lucas.hill@hhs.sccgov.org
Mark Jaradeh	Loyola University	mark.jaradeh@hhs.sccgov.org
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Spencer Murphy	UCSF	spencer.murphy@hhs.sccgov.org
Anh Tuyet Nguyen	University of Washington	anhtuyet.nguyen@hhs.sccgov.org
Nguyen Nguyen	Touro University- Nevada	nguyen.nguyen01@hhs.sccgov.org
Jessica Pearce	California Northstate	jessica.pearce@hhs.sccgov.org
Tiffany Pham	Touro University- CA	tiffany.a.pham@hhs.sccgov.org
Tana Nicole Ramos	University of Hawaii	tananicole.ramos@hhs.sccgov.org
Amna Rasheed	Touro University- CA	amna.rasheed@hhs.sccgov.org
Jay Shroff	University of Miami	jay.shroff@hhs.sccgov.org
Anthony Silva	University of Hawaii	anthony.j.silva@hhs.sccgov.org
Chloe Sumner	California Northstate	chloe.sumner@hhs.sccgov.org
PGY2 Residents	Medical School	Email Address
Sanaz Abbasialaei	Lincoln Memorial	sanaz.abbasialaei@hhs.sccgov.org
Aiza Anwar	California Northstate	aiza.anwar@hhs.sccgov.org
Leah Chan Uto	California Northstate	leah.chanuto@hhs.sccgov.org
Yuriy Dasar	Western University, Pacific Northwest	yuriy.dasar@hhs.sccgov.org
Andrew Escobar	California Northstate	andrew.escobar@hhs.sccgov.org
Jonathan Escobar	Touro College- NY	ionathan.escobar@hhs.sccgov.org
Olivia Hall	University of Massachusetts Chan	olivia.hall@hhs.sccgov.org
Tracey Kim	Drexel University	
Alexander Kostrinsky-Thomas	Pacific Northwest University	tracey.kim@hhs.sccgov.org alex.kostrinsky-thom@hhs.sccgov.org
Hannah Li	,	
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Sean Lim	A.T. Still University	sean.lim@hhs.sccgov.org
Gurjit Mundh		gurjit.mundh@hhs.sccgov.org
Jacky Ng	Touro University of California	jacky.ng@hhs.sccgov.org
Evan Shegog	McGovern Medical School, UT	evan.shegog@hhs.sccgov.org
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Brandon Tam	Western University	brandon.tam@hhs.sccgov.org
Michelle Wu	Oakland University	michelleka.wu@hhs.sccgov.org
Haroon Zaidi	UC Davis SOM	haroon.zaidi@hhs.sccgov.org
PGY3 Residents	Medical School	Email Address
Karan Aletty	University of Louisville	Karan.Aletty@hhs.sccgov.org
Jaskirat Bhatia	Western University	Jaskirat.Bhatia@hhs.sccgov.org
Andrew Bosomworth	Western University	Andrew.Bosomworth@hhs.sccgov.org
Sara Bosomworth	Western University	Sara.Boye@hhs.sccgov.org
Jay Chan	Touro University California	Jay.Chan@hhs.sccgov.org
Kimberly Chong	Western University	Kimberly.Chong@hhs.sccgov.org
Lovepreet Dhillon	Western University	Lovepreet.Dhillon@hhs.sccgov.org
Nicholas Fong	Touro University California	Nicholas.Fong@hhs.sccgov.org
Jida Hubana	Ohio State University	Jida.Hubana@hhs.sccgov.org
Annemarie Lam	Medical University of South Carolina	Annemarie.Lam@hhs.sccgov.org
Joshua Lo	Western University	Joshua.Lo@hhs.sccgov.org
Lauren Lo	Creighton University	Lauren.Lo@hhs.sccgov.org
Anita Sarkar	University of California, Davis	Anita.Sarkar@hhs.sccgov.org
Keith Uyeno	Western University	Keith.Uyeno@hhs.sccgov.org
Judy Wang	California Northstate University	Deyu.Wang@hhs.sccgov.org
Zebib Yemane	University of Illinois, Peoria	Zebib.Yemane@hhs.sccgov.org
Aishwarya Yenepalli	University of Arizona, Phoenix	Aishwarya.Yenepalli@hhs.sccgov.org
Sophie Zhao	Vanderbilt University	zijun.zhao@hhs.sccgov.org
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Life After Residency

FELLOWSHIP: ~37% OF GRADUATES

GEOGRAPHIC AREA

Bay Area Program ~38% California Program ~62% West Coast Program ~70%

SPECIALTY

Allergy/Immunology 2% Cardiology 2% Endocrinology 4% Gastroenterology 26% Geriatrics 2%

Global and Rural 2% Hematology/Oncology 9% Infectious Disease 9%

Nephrology 4% Palliative Care 9%

Pulmonary/Critical Care 26%

Rheumatology 9%

PRIMARY CARE: ~9% OF GRADUATES

Approximately 90% decide to remain in the San Francisco Bay Area, including:

- SCVMC including Moorpark Teaching, Homeless Health, Custody Health Services and HIV (PACE) Clinic
- Stanford University Hospital
- Kaiser Permanente
- Palo Alto Medical Foundation
- Sutter Health
- UCSF
- Private San Jose Primary Care Group

HOSPITAL-BASED MEDICINE: ~52% OF GRADUATES

Approximately 80% decide to remain in the San Francisco Bay Area, including:

- SCVMC
- Stanford University Hospital
- UC San Francisco
- Kaiser
- Palo Alto Medical Foundation
- El Camino Hospital
- Sutter Health
- Private San Jose Hospitalist Groups

<u>Link to Postgraduate Career Paths of Recent</u> <u>Graduates</u>

Diversity & Inclusion

We strongly believe that strength comes from diversity. We strive not only to attract a diverse group of residents, but also work to create a culture of inclusion. Knowing you might have specific questions surrounding diversity, our residents started a list of volunteer point persons you can reach out to. This list is by no means meant to be exhaustive, but we hope it can serve as a starting point for you. You can contact individuals on this list to ask "what is it like to be at Valley and be". You can also reach out to any intern or resident on the residency contact list found on the next page for other questions. You are always free to email the Program Directors.

First Time West	Annemarie Lam	Evan Shegog	
Coaster	annemarie.lam@hhs.sccgov.org	evan.shegog@hhs.sccgov.org	
Distance Commuting	Jacky Ng	Yuriy Dasar	Joshua Lo
	jacky.ng@hhs.sccgov.org	yuriy.dasar@hhs.sccgov.org	joshua.lo@hhs.sccgov.org
DO (Osteopath)	Brandon Tam	Sara Bosomworth	Jonathan Escobar
	brandon.tam@hhs.sccgov.org	sara.bosomworth@hhs.sccgov.org	jonathan.escobar@hhs.sccgov.org
Women in Medicine	Olivia Hall	Leah Uto	Sara Bosomworth
	olivia.hall@hhs.sccgov.org	leah.chanuto@hhs.sccgov.org	sara.bosomworth@hhs.sccgov.org
Non-Traditional path to	Yuriy Dasar	Alex Kostrinsky-Thomas	
medicine	yuriy.dasar@hhs.sccgov.org	alex.kostrinsky@hhs.sccgov.org	
Bilingual Provider	Lucy Studemeister	Anita Sarkar	Gianna Brown
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East Asian	Leah Uto	Michelle Wu	Kenneth Tan
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Pacific Islander	Andrew Escobar	Tana Ramos	
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South Asian	Lamia Choudhury	Jaskirat Bhatia	
	lamia.choudhury@hhs.sccgov.org	jaskirat.bhatia@hhs.sccgov.org	
A Parent / Expecting	Yuriy Dasar (brand new dad!)	Andrew + Sara Bosomworth	Jaskirat Bhatia (3 month baby)
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In a long-distance	Olivia Hall		
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Married - Local	Jacky Ng	Yuriy Dasar	Andrew + Sara Bosomworth
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Couples Matched	Anthony Silva + Tana Ramos	Andrew + Sara Bosomworth	Evan Shegog
	anthony.j.silva@hhs.sccgov.org & tananicole.ramos@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org	evan.shegog@hhs.sccgov.org
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Salary & Benefits

Extremely competitive salary and benefits are provided to interns and residents at Santa Clara Valley Medical Center due to the collective bargaining agreement between the Committee of Interns and Residents (CIR, a National Affiliate of Service Employees International Union) and the County of Santa Clara.

*Note that terms as subject to change based on contract negotiations.

SALARY AND BENEFITS FOR 2023-2024 YEAR ARE:

- PGY1 = \$71,606.08; PGY2 = \$78,646.88, PGY3 = \$85,860.32
- ➤ The County contributes the amount equal to 7.5% of an employee's gross base salary towards a Deferred Compensation Plan
- ➤ Each resident receives an educational stipend (\$1000 for PGY1, \$1,800 for PGY2 and PGY3) for educational expenses (e.g. books, conferences, travel to present research, etc.)
- > Categorical interns moving greater than 75 miles to SCVMC get up to \$1500 of approved relocation expenses reimbursed.
- Categorical interns receive reimbursement for the USMLE Step 3/ COMLEX Level 3
- Mandatory License fees are reimbursable through the County's Employee Reimbursement Program
- Interns will receive an additional day's pay for a holiday worked (thirteen recognized county holidays)
- Interns shall be entitled to use up to twenty (20) days of paid sick leave per year
- Weekly meal allowance of \$57 (\$6 overage allowed)
 - \$24 dollars (plus up to \$6 overage) goes on meal cards used for call-day meals, Friday pancakes, snacks, etc.
 - o The remaining allowance funds delicious catered meals from outside vendors for weekday educational conferences on Medicine rotations
- > Free parking and mileage reimbursement for required away rotations
- In-hospital library and access to the Stanford Lane Library including all online journals, texts and learning resources (e.g. Up-To-Date, MD Consult)