



Internal Medicine Preliminary Internship Program 2023- 2024



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Our Mission

Santa Clara Valley Medical Center Hospital and Clinics will provide high quality, compassionate, and accessible healthcare for all persons in Santa Clara County regardless of their social-economic status and ability to pay.

Our Vision

Better Health for All

Our Values

SCVMC Hospital and Clinics conducts itself and provides services from the fundamental value statements:

- > We provide excellent and compassionate care in a respectful manner to everyone
- > We demonstrate integrity by being open, honest, reliable, and dedicated to our mission
- > We respect the individuals we work with, the people we serve, and the communities of Santa Clara County
- We value learning and strive for continual improvement based on what we learn, individually and as an organization
- > We are accountable for our performance, decision and actions
- > We strive for excellence in all we do

Program Director Introduction

Internal Medicine Preliminary Internship
Introduction from David Jacobson, MD, FACP

Welcome to Santa Clara Valley Medical Center! We are excited to show you what our training program has to offer. Our rigorous training focuses on the acquisition of practical patient care skills while balancing physician wellness and individual educational needs and career interests through personalized mentorship.

Our safety-net hospital has 681 beds, is a level 1 trauma center, one of only two major burn centers in California and sees over 500,000 patients per year. We moved into our new, state-of-the-



art hospital in 2018. We use Epic version 2019, a complete Electronic Health Records system, for all inpatient and outpatient services which includes HealthLink access to Stanford University and other regional hospital records systems. The Department of Medicine has over 120 full-time faculty including 50 subspecialty attendings and 23 Hospitalists.

SCVMC offers the best of both worlds: a tight-knit community program with robust academic affiliations. We are a core teaching site for Stanford University School of Medicine's medical students and fellows, and Valley interns and residents rotate at Stanford and the VA. In 2018 we developed an affiliation with Geisel School of Medicine (Dartmouth). The opportunity to teach and mentor medical students from Stanford and Dartmouth is an important aspect of your training.

Our medium size means you will receive one on one mentorship with program leadership and our highly approachable faculty. Through hands-on care of complex patients, our innovative curriculum, direct mentorship, and opportunities for scholarly activity, you will enter your advanced specialty with exceptional competence, confidence, and clinical skills.

Our program has 4 traditional Preliminary positions open to applicants from all advanced specialties (NRMP Program Code 1063140P0), and 4 Preliminary positions linked to Stanford Neurology as a Joint Advanced/Preliminary Program (NRMP Program Code 1063140P1).

This pamphlet is only meant to provide a broad overview of the program, leadership, structure, and benefits. For a deeper dive into academics, curriculum, and current and past residents, please see our <u>website</u>.

Program Leadership

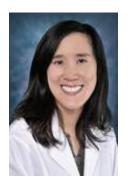


David Jacobson, MD, FACP

Program Director

Clinical Associate Professor (Affiliated), Stanford University School of Medicine Clinical Associate Professor of Medicine, Geisel School of Medicine

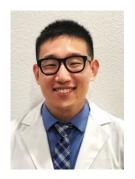
Medical School: University of Michigan, 1993-1997 Internal Medicine Residency: California Pacific Medical Center, 1997-2000 Chief Medical Resident: California Pacific Medical Center, 2000-2001



Connie Lo, MD, FACP Associate Program Director

Medical School: UCSD, 1995 1999

Internal Medicine Residency: SCVMC, 1999-2002 Chief Medical Resident: SCVMC, 2002-2003



Brian Sun, MDAssociate Program Director

Medical School: St. Louis University, Missouri, 2011-2015 Internal Medicine Residency: SCVMC 2015- 2018



David Lin, MD

Associate Program Director

Clinical Assistant Professor (Affiliated), Stanford University School of Medicine

Medical School: Northwestern University, 2008-2012

Internal Medicine Residency: Stanford University Medical Center, 2012-2015

Gastroenterology Fellowship: UCLA, 2015-2018

Preliminary Internship

We have a highly competitive preliminary program and our interns have matched into a variety of specialties across the country. Our preliminary interns are fully integrated into the internal medicine residency program. Through hands-on training you will gain exceptional clinical exposure, become comfortable with many procedures and will be able to independently manage complex medical issues. Our preliminary interns value autonomy and responsibility.

Typical Preliminary Intern Schedule:

- Inpatient wards: 19-23 weeks (including 4 weeks at the Palo Alto VA or Stanford)
- · ICU: 0-4 weeks
- · Night float: 4 weeks
- · Subspecialty electives: 17- 21 weeks
- · Vacation (+ 1 week GME time): 4 weeks

Subspecialty elective time includes rotations in any of the following: Cardiology, Endocrinology, Gastroenterology, Hematology/Oncology, Infectious Disease, Nephrology, Pulmonary and Rheumatology. Preliminary interns spend about 12 weeks rotating through some of these experiences, most of which are inpatient consult. Additionally, prelims spend additional elective time gaining experience in Radiology, Pathology, Psychiatry, Research, HIV clinic, Palliative Care and more.

How do Prelims compare with Categorical Interns?

We work hard to achieve parity between the two groups and keep the number of intensive weeks (Wards, night float and ICU/CCU) equal. Note, that the categorical interns do have more ambulatory blocks due to their continuity clinic requirements, but we balance that by generally offering more free elective time to our preliminary interns.

Resident Academics

Noon Report

This 45-minute case-based session is led by one of our Chief Residents from Monday through Thursday at Noon. The focus is on in-depth clinical reasoning with an emphasis on problem representation and the development of focused differentials. Sessions are highly interactive, making use of buzz groups, small group activities and cold call. The PowerPoint from every noon report is available to all residents for review and reference.

Academic Afternoons

Interns and residents have separate 2-hour protected learning sessions weekly. Intern sessions focus on knowledge and skills acquisition for commonly encountered patient care situations. Topics include stroke, hypotension, bleeding, shock, etc. The skills sessions include ECG analysis, antibiotic selection, ACLS drills, how to interpret a journal article and more. The resident curriculum's focus is on deepening and broadening residents' fund of knowledge and deploying evidence-based medicine. Sessions include time to recap the previous week's learning points, time for residents to teach each other, a block of time for residents to work through an interactive case in small groups and then facilitated debriefing with a subspecialist.

Social Medicine Lecture Series

On certain Fridays of the month, we have a social medicine lecture series that includes topics in social determinants of health, care of the homeless patient, care of African American, Vietnamese and Latinx patients, custody medicine, LGBTQ care and more.

"Resident as Teachers" Lecture Series

This series includes various topics including feedback on performance and on oral presentations, teaching without time, clinical reasoning 101, micro-skills of teaching, bedside teaching and more.

Morbidity & Mortality Conference

The Morbidity and Mortality conference is held monthly at Noon. Cases may focus on knowledge gaps, cognitive biases, communication problems or systems errors. The sessions are non-punitive in nature and are focused on filling knowledge gaps and creating systems change.

Hospital Support

There are many support services at Santa Clara Valley Medical Center. Questions frequently asked by applicants have to do with other services that have a role in the care of medical patients.

Social Work and Case Management

We have robust case management and social work services to aid with financial and placement needs, substance use disorders, home care needs such as visiting nurse and infusions, skilled nursing placement and more. You will not be on the phone arranging for home oxygen.

Language Interpretation Services

In addition to daytime, in-person translators, translation services are available 24 hours a day in more than 50 languages by phone or video conference.

Physical / Occupational / Speech Therapy /Psychology / Therapeutic Recreation

These departments provide active consultation services for inpatients and outpatients and work in conjunction with the physical medicine and rehabilitation department.

Phlebotomy and IV Services

Blood is drawn by a phlebotomy team every two hours from 6:00 am to 9:00 pm. Floor nurses place most of the peripheral IVs. For 'hard sticks' we have a dedicated PICC team that can place peripheral IVs with ultrasound, midlines and PICCS.

Psychiatry

A liaison psychiatry consultation service is available for all patients at Santa Clara Valley Medical Center. Outpatient psychiatry services and emergency evaluations and admissions are available 24 hours a day next to the main hospital.

Radiology

Routine studies such as x-rays, ultrasound and CT scans are easily obtained with an excellent computerized file system. CT and MRI scans are available 24 hours a day as are ultrasound, angiography, and many interventional radiology procedures.

Point of Care Ultrasound (POCUS)

Given its high clinical utility, we have multiple POCUS machines available for exclusive resident use at any hour of the day here, allowing you to continuously learn, apply and refine your ultrasound skills in the service of active patient care.

Preliminary vs. Transitional Program

Preliminary Medicine Internship Program

Our preliminary year interns come from competitive backgrounds and go into a variety of specialties throughout the country. An intensive experience in medicine is offered to those wishing for a purely internal medicine experience. The individuals filling the preliminary medicine positions are fully integrated with the other medicine interns. Upon completion, preliminary interns can expect to receive a superb clinical training that provides an outstanding foundation in Internal Medicine.

Transitional Year Program

A one-year transitional program is sponsored by the Departments of Medicine and Pediatrics.

The transitional program provides a strong foundation in multiple departments and interns go on to competitive residency programs in a variety of specialties.

Differences between VMC's Transitional and Preliminary Year (1 block = 4 weeks)

	Transitional	Preliminary
Goal career	Radiology, Neurology, Anesthesia, Dermatology, PM&R, Radiation Oncology	Same as Transitional
Core Rotations	7-8 blocks of Inpatient • Medicine (Night Float +/- ICU) • Surgery • Pediatrics, Ob/Gyn 1 Block of ED	7-8 blocks of Medicine Wards/ICU ED if needed or desired
Non-VMC Medicine Wards	VA prioritized over SUH but possible for both	Same as Transitional
Electives	 2 Blocks Can potentially be anything but need approval from PD at start of year. Max 4 weeks away, max 4 weeks research 	~4 blocks of Medicine Subspecialty Electives. Research is possible
Ambulatory Clinic	1 month of Surgery, Medicine Subspecialty or Pediatrics	None (except for Stanford Neurology matches)
Leadership	PD – Shally Garg APD – Julia Tong	PD – David Jacobson APD – Connie Lo APD – Brian Sun APD – David Lin

Current Preliminary Year Interns 2023-2024

Name	Medical School	Advanced Specialty	Email
Claire Abijay	UT Southwestern	Neurology	claire.abijay@hhs.sccgov.org
Marcello Chang	Stanford	Radiology	marcello.chang@hhs.sccgov.org
Janae Chatmon	UCLA/Drew	PM&R	janae.chatmon@hhs.sccgov.org
Zer Keen Chia	UCSF	Anesthesia	zerkeen.chia@hhs.sccgov.org
Raj Fadadu	UCSF	Dermatology	raj.fadadu@hhs.sccgov.org
Tyler Irani	UC Irvine	Neurology	tyler.irani@hhs.sccgov.org
Abby Scurfield	Quinnipiac University	Neurology	abby.scurfield@hhs.sccgov.org
Kenneth Tan	OHSU	Neurology	kenneth.tan@hhs.sccgov.org

Current Transitional Year Interns 2023-2024

Name	Medical School	Advanced Specialty	Email
Eric Arellano	University of Chicago, Pritzker	Anesthesia	eric.arellano@hhs.sccgov.org
Cameron Booth	Creighton University	Radiology	cameron.booth@hhs.sccgov.org
Lamia Choudhury	UC Davis	Radiology	lamia.choudhury@hhs.sccgov.org
Xavier Cortez	UCSF	Anesthesia	xavier.cortez@hhs.sccgov.org
Omar Garcia	Stanford	Dermatology	omar.garcia@hhs.sccgov.org
Priya Garigipati	UT Southwestern	Radiology	priya.garigipati@hhs.sccgov.org
Justin Jagodinsky	University of Wisconsin	Radiation Oncology	justin.jagodinsky@hhs.sccgov.org
Mihir Joshi	UCSF	Anesthesia	mihir.joshi@hhs.sccgov.org
Amrita Mohanty	University of Chicago, Pritzker	Anesthesia	amrita.mohanty@hhs.sccgov.org
Haden Oliphant	UC Irvine	Anesthesia	haden.oliphant@hhs.sccgov.org
Paramjyot Panesar	UC Davis	Anesthesia	paramjyot.panesar@hhs.sccgov.org
Chetan Potu	Stony Brook University	PM&R	chetan.potu@hhs.sccgov.org
Kamron Sarhadi	UC Davis	Anesthesia	kamron.sarhadi@hhs.sccgov.org
Vrajesh Shah	UCSD	Radiology	vrajesh.shah@hhs.sccgov.org
Grant Tatro	Virginia Commonwealth	Radiology	grant.tatro@hhs.sccgov.org
David Wu	University of Minnesota	Radiation Oncology	david.j.wu@hhs.sccgov.org

Preliminary & Transitional Year Alumni 2022-2023

First Name	Last Name	Medical School	Advanced Specialty	Email
Anuk	Burli	University of Rochester	Dermatology	<u>burlianuk@gmail.com</u>
Erick	Castellanos	UCLA	Anesthesiology	erick.castellanos0323@gmail.com
Cory	Dodson	University of Michigan	Neurology	corykdodson7@gmail.com
Matthew	Kaufman	Case Western	PM&R	Mwk36@case.edu
Shoeb	Lallani	University of Alabama	Neurology	sblallani@gmail.com
Shreya	Louis	Cleveland Clinic	Neurology	<u>louisshreya@gmail.com</u>
Jessica	Shen	Boston	Neurology	jesswshen@gmail.com
Aditya	Srivatsan	Baylor	Neurology	<u>asrivatsan 2022@gmail.com</u>

First Name	Last Name	Medical School	Advanced Specialty	Email
Omar	Al Jammal	UCSD	Diagnostic Radiology	omaraljammal.eras@gmail.com
Priyanka	Boddu	Mount Sinai	Diagnostic Radiology	priyankaboddu.eras@gmail.com
Andres	Calvillo	UCSF	Family Medicine	andrescalvilloeras@gmail.com
Sophia	Canavan	University of Chicago	Anesthesia	sofija.canavan@gmail.com
Michael	Dzima	UCSD	Anesthesia	mdzima@health.ucsd.edu
Michelle	Kihara	University of Minnesota	Diagnostic Radiology	michelle.kihara@gmail.com
Thomas	Le	Johns Hopkins	Dermatology	thomaskle888@gmail.com
Steven	Lee	Columbia	Dermatology	stevenkevinlee@gmail.com
Sean	Liu	Baylor	Anesthesia	seanmliu@gmail.com
Jessica	Lu	Weill Cornell	PM&R	jessica.c.lu@gmail.com
Yesenia	Martinez	UC Irvine	Anesthesiology	yamarti1.uci@gmail.com
Gabrielle	Mungcal	University of Cincinnati	Diagnostic Radiology	gmungcal.eras@gmail.com
Sebastian	Sanchez-Luege	University of Miami	Anesthesia	ssluege@gmail.com
Amrit	Vasdev	University of Minnesota	Anesthesia	<u>akvasdev@gmail.com</u>
Grant	Yoneoka	University of Hawaii	Diagnostic Radiology	grantyoneoka@gmail.com
Theresa	Yu	University of Maryland	Diagnostic Radiology	theresa.j.yu@gmail.com

Advanced Specialty Matches

Our Preliminary & Transitional Year interns have matched into the following advanced programs over the past few years:

Albert Einstein: Dermatology

Baylor: PM & R

Boston University: Anesthesiology

Brigham and Women's: Anesthesiology

Case Western: Ophthalmology

Cleveland Clinic: Diagnostic Radiology

Dartmouth: Dermatology

Massachusetts General Hospital: Anesthesia

Mayo Clinic, Rochester: Anesthesiology

Mount Sinai: Neurology, Dermatology

Northwestern: Dermatology **Rutgers:** Anesthesiology

SCVMC: Radiology

Stanford: Anesthesiology, Dermatology, Neurology, PM & R, Radiology, Radiation-Oncology

SUNY Downstate: Dermatology

Tulane: Dermatology

U of Colorado: Dermatology

UC Davis: Dermatology, Radiation Oncology, Diagnostic Radiology, Interventional Radiology

UCI: PM & R

UCLA: Ophthalmology, PM & R, Radiology

UCSD: Anesthesiology, Ophthalmology, Dermatology

UCSF: Anesthesiology, Dermatology, Diagnostic Radiology, Interventional Radiology

University of Pennsylvania: Ophthalmology, Radiology

University of Pittsburgh: Dermatology

University of Texas, Houston: Ophthalmology

University of Washington: Anesthesiology, Radiation Oncology, Ophthalmology

USC: Neurology, Ophthalmology, Radiology **Washington University St. Louis**: Radiology

Diversity & Inclusion

We strongly believe that strength comes from diversity. We strive not only to attract a diverse group of residents, but also work to create a culture of inclusion. Knowing you might have specific questions surrounding diversity, our residents started a list of volunteer point persons you can reach out to. This list is by no means meant to be exhaustive, but we hope it can serve as a starting point for you. You can contact individuals on this list to ask "what is it like to be at Valley and be". You can also reach out to any intern or resident on the residency contact list found on the next page for other questions. You are always free to email the Program Directors.

First Time West	Annemarie Lam	Evan Shegog	
Coaster	annemarie.lam@hhs.sccgov.org	evan.shegog@hhs.sccgov.org	
Distance Commuting	Jacky Ng	Yuriy Dasar	Joshua Lo
	jacky.ng@hhs.sccgov.org	yuriy.dasar@hhs.sccgov.org	joshua.lo@hhs.sccgov.org
DO (Osteopath)	Brandon Tam	Sara Bosomworth	Jonathan Escobar
	brandon.tam@hhs.sccgov.org	sara.bosomworth@hhs.sccgov.org	jonathan.escobar@hhs.sccgov.org
Women in Medicine	Olivia Hall	Leah Uto	Sara Bosomworth
	olivia.hall@hhs.sccgov.org	leah.chanuto@hhs.sccgov.org	sara.bosomworth@hhs.sccgov.org
Non-Traditional path to	Yuriy Dasar	Alex Kostrinsky-Thomas	
medicine	yuriy.dasar@hhs.sccgov.org	alex.kostrinsky@hhs.sccgov.org	
Bilingual Provider	Lucy Studemeister	Anita Sarkar	Gianna Brown
	lucy.studemeister@hhs.sccgov.org	anita.sarkar@hhs.sccgov.org	gianna.brown@hhs.sccgov.org
Latine	Gianna Brown		
	gianna.brown@hhs.sccgov.org		
East Asian	Leah Uto	Michelle Wu	Kenneth Tan
	leah.chanuto@hhs.sccgov.org	michelleka.wu@hhs.sccgov.org	kenneth.tan@hhs.sccgov.org
Pacific Islander	Andrew Escobar	Tana Ramos	
	andrew.escobar@hhs.sccgov.org	tananicole.ramos@hhs.sccgov.org	
South Asian	Lamia Choudhury	Jaskirat Bhatia	
	lamia.choudhury@hhs.sccgov.org	jaskirat.bhatia@hhs.sccgov.org	
A Parent / Expecting	Yuriy Dasar (brand new dad!)	Andrew + Sara Bosomworth	Jaskirat Bhatia (3 month baby)
	yuriy.dasar@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org	jaskirat.bhatia@hhs.sccgov.org
In a long-distance relationship	Olivia Hall		
relationship	olivia.hall@hhs.sccgov.org		
Married - Local	Jacky Ng	Yuriy Dasar	Andrew + Sara Bosomworth
	jacky.ng@hhs.sccgov.org	yuriy.dasar@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org
Couples Matched	Anthony Silva + Tana Ramos	Andrew + Sara Bosomworth	Evan Shegog
	anthony.j.silva@hhs.sccgov.org & tananicole.ramos@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org	evan.shegog@hhs.sccgov.org
Christian	Hannah Li	Sean Lim	Anthony Silva
	hannah.li@hhs.sccgov.org	sean.lim@hhs.sccgov.org	anthony.j.silva@hhs.sccgov.org
Muslim	Sanaz Abbasialaei	Aiza Anwar	Lamia Choudhury
	sanaz.abbasialaei@hhs.sccgov.org	aiza.anwar@hhs.sccgov.org	lamia.choudhury@hhs.sccgov.org
First Gen in Medicine	Anita Sarkar	Tracey Kim	Andrew Escobar
	anita.sarkar@hhs.sccgov.org	tracey.kim@hhs.sccgov.org	andrew.escobar@hhs.sccgov.org

Salary & Benefits

Extremely competitive salary and benefits are provided to interns and residents at Santa Clara Valley Medical Center due to the collective bargaining agreement between the Committee of Interns and Residents (CIR, a National Affiliate of Service Employees International Union) and the County of Santa Clara.

*Note that terms are subject to change based on contract negotiations.

SALARY AND BENEFITS FOR 2023-2024 YEAR ARE:

- > PGY1 = \$71,606.08
- ➤ The County contributes the amount equal to 7.5% of an employee's gross base salary towards a Deferred Compensation Plan
- Each resident receives an educational stipend (\$1000) for educational expenses (e.g. books, conferences, travel to present research, etc.)
- Mandatory License fees are reimbursable through the County's Employee Reimbursement Program
- Interns will receive an additional day's pay for a holiday worked (thirteen recognized county holidays)
- > Interns shall be entitled to use up to twenty (20) days of paid sick leave per year
- Weekly meal allowance of \$57 (\$6 overage allowed)
 - \$24 dollars (plus up to \$6 overage) goes on meal cards used for call-day meals, Friday pancakes, snacks, etc.
 - o The remaining allowance funds delicious catered meals from outside vendors for weekday educational conferences on Medicine rotations
- > Free parking and mileage reimbursement for required away rotations
- In-hospital library and access to the Stanford Lane Library including all online journals, texts and learning resources (e.g. Up-To-Date, MD Consult)