



Transitional Year Internship Program 2023- 2024



Table of Contents

Our Mission	3
Program Director Introduction	4
Program Leadership	5
Program Faculty	6
TY Rotations	7
Hospital Support	9
Transitional vs. Preliminary Year	10
Current Transitional & Preliminary Interns	11
Transitional & Preliminary Intern Alumni	12
Advanced Specialty Matches	13
Diversity & Inclusion	14
Salary & Benefits	15



Our Mission

Santa Clara Valley Medical Center Hospital and Clinics will provide high quality, compassionate, and accessible healthcare for all persons in Santa Clara County regardless of their social-economic status and ability to pay.

Our Vision

Better Health for All

Our Values

SCVMC Hospital and Clinics conducts itself and provides services from the fundamental value statements:

- > We provide excellent and compassionate care in a respectful manner to everyone
- We demonstrate integrity by being open, honest, reliable, and dedicated to our mission
- > We respect the individuals we work with, the people we serve, and the communities of Santa Clara County
- We value learning and strive for continual improvement based on what we learn, individually and as an organization
- > We are accountable for our performance, decision and actions
- > We strive for excellence in all we do

Program Director Introduction

Transitional Year Internship Introduction from Shally Garg, MD

The Transitional Internship at Santa Clara Valley Medical Center (SCVMC) is both rewarding and educational. The program has been dedicated to providing the finest clinical training by developing a curriculum that embodies all aspects of medicine. As a major teaching affiliate for Stanford University School of Medicine, SCVMC serves as the "safety net" for the medically underserved of Santa Clara County. Fortunately, our health and hospital system has state-of-the-art facilities and accomplished clinician-educators who provide the highest quality medical care to our patients and are dedicated to the educational goals of our house-officers. Past transitional interns have been drawn by the hospital's Mission Statement "...to provide the best care possible to the residents of Santa Clara County regardless of ability to pay...". Each class consists of 16 interns with the Department of Medicine serving as the Internship's major clinical and administrative sponsor. Thus, our interns are made to feel at home in the Department of Medicine and historically have viewed themselves as Medicine house-officers.

Our program offers a wide array of ACGME-accredited fundamental clinical experiences including adult inpatient medicine wards, critical care medicine, pediatric wards/PICU, general surgery, obstetrics, emergency medicine, and ambulatory medicine (internal medicine, surgery, and pediatrics). Based on the classic "rotating" internships of the past, our program provides our interns with a well-rounded curriculum that will make them capable and competent to care for any patient from their initial ED visit, through their inpatient hospitalization and on to their hospital discharge and follow-up outpatient visit. For those interns looking for a more focused experience, the program does allow and encourages interns to individualize their training experience by trading their fundamental clinical months amongst themselves. In addition, transitional interns have tremendous flexibility to choose rotations during their elective months. Interns have used the opportunity to rotate within medical and surgical subspecialties, while many others have chosen to rotate through the Coroner's office, Radiology, or continue ongoing research projects. We are proud of the fact that many of our interns have published research during their internship. Finally, the broad exposure during this internship year provides outstanding preparation for any PGY-2 residency. Our transitional interns have come from top medical schools and have gone on to outstanding residency programs nationwide (see table).

As one of the main teaching hospitals for Stanford University School of Medicine, our transitional interns have numerous opportunities to work with Stanford medical students, residents, and fellows. The program expects and actively recruits house-officers with a keen interest in medical education. As an example, many of our past graduates have returned to SCVMC as attending staff in various subspecialties largely for the opportunity to interact with and teach residents.

Our <u>Transitional Internship</u> offers 16 positions through the Match. Up to four of those positions are linked to the Stanford Anesthesiology residency as a Joint Advanced/Transitional Year **Program (NRMP Program Code 1820999P0)**. The other 12 slots are open to applicants from all advanced specialties **(NRMP Program Code 1063999P0)**. Applicants applying to Stanford Anesthesia can apply to both program codes.

We participate in the ERAS and the deadline for applications is December 1st.

For more information contact Miranda So, program administrator at miranda.so@hhs.sccgov.org.

Program Leadership



Shally Garg, MDProgram Director
Academic Hospitalist
Clinical Instructor (Affiliated), Stanford University School of Medicine

Software Engineer, Medtronic, 2006-2007 Medical School: University of Nevada, 2018-2012 Internal Medicine Residency: SCVMC, 2012-2015

Julia Tong, MD Associate Program Director Academic Hospitalist

Medical School: UC Davis, 2015-2019 Internal Medicine Residency: UCLA, 2019-2022

Transitional Internship Faculty

Internal Medicine

- · Clifford Wang, MD, Chair- Department of Medicine
- · Shally Garg, MD, Transitional Year Program Director
- · David Jacobson, MD, Internal Medicine Program Director

Pediatrics

- · Christina Sheridan, MD, Chair
- · Adriana Anavitarte, MD, Transitional Program Faculty Liaison

Surgery

- · Mary (Meg) Wolfe, MD, Chair
- · Lindsay Reilly, MD, Transitional Program Faculty Liaison

Obstetrics & Gynecology

- · James Byrne, MD, Chair
- · Thuong-Thuong (T.T.) Nguyen, MD, Transitional Program Faculty Liaison

Emergency Medicine

- · Jeffery Leinen, MD, Chair
- · Ryan Kunitake, MD, Transitional Program Faculty Liaison



Rotations

Internal Medicine

Medicine-Wards

While rotating on the inpatient wards, the transitional intern serves as the primary provider for inpatients with resident and attending physician supervision. As a member of a ward team, the transitional intern is expected to participate in daily team and group educational conferences including morning report, combined team teaching, noon conferences and grand rounds. Like the medicine interns, transitional interns are expected to write daily progress notes, perform necessary procedures for their patients, and mentor medical students on their team.

Medicine-Intensive Care Unit

The transitional intern serves as the primary provider for critically ill patients hospitalized in the MICU/CCU with resident, fellow and attending physician supervision. The intern is expected to participate in daily educational conferences including group intake rounds, bedside teaching, and didactic lectures. Like the medicine interns, transitional interns rotating through the MICU/CCU perform necessary procedures for their patients, write daily progress notes, and help conduct family meetings.

Pediatrics

Pediatric Wards – The intern rotating through pediatrics is the primary provider for pediatric patients admitted to the wards and the pediatric ICU. This rotation provides an independent but supervised experience in common pediatric illnesses.

Neonatal Intensive Care Unit (NICU) – The intern rotating through the NICU assumes the major responsibilities for neonates that are admitted from high-risk deliveries. He or she will become proficient with evaluating and caring critically ill neonates with a variety of medical issues including sepsis, respiratory failure, fluid, and electrolyte abnormalities.

Surgery

The intern rotating on general surgery becomes an integral part of the ward team and, as such, gains independent but supervised experience in day-to-day management of surgical problems in pre- and post-operative patients. In addition to assuming primary care of hospitalized patients, he or she evaluates surgical patients in the surgical clinics, assists in performing operations such as appendectomy, inguinal herniorrhaphy, breast biopsy, and excision of soft tissue lesions with attending supervision and assists and observes performance of more complicated operations.

Rotations

Obstetrics and Gynecology

The intern on this rotation is the primary provider for full term pregnant patients admitted to Labor and Delivery. There, he or she will become familiar with the care of the pregnant patient including evaluation of patients in triage, and in the labor and delivery process.

Emergency Medicine

The rotation in emergency medicine affords the intern the opportunity to be the "first provider" for the acutely ill patient. Emphasis is placed on the initial assessment and evaluation, treatment priorities and rapid decision making in a logical, ordered fashion. The intern is encouraged to develop technical skills including, but not limited to, suturing of lacerations, general wound management, placing of central and peripheral intravenous lines, lumbar puncture, endotracheal intubation and interpretation of x-rays and EKGs. There is direct supervision with attending physicians trained and experienced in emergency medicine.

The intern is also exposed to the pre-hospital care system by virtue of VMC's status as a paramedic base station. Utilization of the poison center and familiarization with the poisindex is encouraged in conjunction with the management of the poisoned/intoxicated patient. Rotations are in 4-week blocks and consist of 18 shifts that are 10 hours in length. Elective rotations in the emergency room are also available.

Ambulatory Rotation

The transitional intern has the flexibility to choose from ambulatory rotations in internal medicine, pediatric urgent care, or general surgery. This allows the intern to focus on an ambulatory rotation that will help better prepare them for the future careers, and truly make the year an individualized pathway.

Hospital Support

There are many support services at Santa Clara Valley Medical Center. Questions frequently asked by applicants have to do with other services that have a role in the care of medical patients.

Social Work and Case Management

We have robust case management and social work services to aid with financial and placement needs, substance use disorders, home care needs such as visiting nurse and infusions, skilled nursing placement and more. You will not be on the phone arranging for home oxygen.

Language Interpretation Services

In addition to daytime, in-person translators, translation services are available 24 hours a day in more than 50 languages by phone or video conference.

Physical / Occupational / Speech Therapy / Psychology / Therapeutic Recreation

These departments provide active consultation services for inpatients and outpatients and work in conjunction with the physical medicine and rehabilitation department.

Phlebotomy and IV Services

Blood is drawn by a phlebotomy team every two hours from 6:00 am to 9:00 pm. Floor nurses place most of the peripheral IVs. For 'hard sticks' we have a dedicated PICC team that can place peripheral IVs with ultrasound, midlines and PICCS.

Psychiatry

A liaison psychiatry consultation service is available for all patients at Santa Clara Valley Medical Center. Outpatient psychiatry services and emergency evaluations and admissions are available 24 hours a day next to the main hospital.

Radiology

Routine studies such as x-rays, ultrasound and CT scans are easily obtained with an excellent computerized file system. CT and MRI scans are available 24 hours a day as are ultrasound, angiography, and many interventional radiology procedures.

Point of Care Ultrasound (POCUS)

Given its high clinical utility, we have multiple POCUS machines available for exclusive resident use at any hour of the day here, allowing you to continuously learn, apply and refine your ultrasound skills in the service of active patient care.

Preliminary vs. Transitional Program

Preliminary Medicine Internship Program

Our preliminary year interns come from competitive backgrounds and go into a variety of specialties throughout the country. An intensive experience in medicine is offered to those wishing for a purely internal medicine experience. The individuals filling the preliminary medicine positions are fully integrated with the other medicine interns. Upon completion, preliminary interns can expect to receive a superb clinical training that provides an outstanding foundation in Internal Medicine.

Transitional Year Program

A one-year transitional program is sponsored by the Departments of Medicine and Pediatrics.

The transitional program provides a strong foundation in multiple departments and interns go on to competitive residency programs in a variety of specialties.

Differences between VMC's Transitional and Preliminary Year (1 block = 4 weeks)

	Transitional	Preliminary
Goal career	Radiology, Neurology, Anesthesia, Dermatology, PM&R, Radiation Oncology	Same as Transitional
Core Rotations	7-8 blocks of Inpatient • Medicine (Night Float +/- ICU) • Surgery • Pediatrics, Ob/Gyn 1 Block of ED	7-8 blocks of Medicine Wards/ICU ED if needed or desired
Non-VMC Medicine Wards	VA prioritized over SUH but possible for both	Same as Transitional
Electives	 2 Blocks Can potentially be anything but need approval from PD at start of year. Max 4 weeks away, max 4 weeks research 	~4 blocks of Medicine Subspecialty Electives. Research is possible
Ambulatory Clinic	1 month of Surgery, Medicine Subspecialty or Pediatrics	None (except for Stanford Neurology matches)
Leadership	PD – Shally Garg APD – Julia Tong	PD – David Jacobson APD – Connie Lo APD – Brian Sun APD – David Lin

Current Preliminary Year Interns 2023-2024

Name	Medical School	Advanced Specialty	Email
Claire Abijay	UT Southwestern	Neurology	claire.abijay@hhs.sccgov.org
Marcello Chang	Stanford	Radiology	marcello.chang@hhs.sccgov.org
Janae Chatmon	UCLA/Drew	PM&R	janae.chatmon@hhs.sccgov.org
Zer Keen Chia	UCSF	Anesthesia	zerkeen.chia@hhs.sccgov.org
Raj Fadadu	UCSF	Dermatology	raj.fadadu@hhs.sccgov.org
Tyler Irani	UC Irvine	Neurology	tyler.irani@hhs.sccgov.org
Abby Scurfield	Quinnipiac University	Neurology	abby.scurfield@hhs.sccgov.org
Kenneth Tan	OHSU	Neurology	kenneth.tan@hhs.sccgov.org

Current Transitional Year Interns 2023-2024

Name	Medical School	Advanced Specialty	Email
Eric Arellano	University of Chicago, Pritzker	Anesthesia	eric.arellano@hhs.sccgov.org
Cameron Booth	Creighton University	Radiology	cameron.booth@hhs.sccgov.org
Lamia Choudhury	UC Davis	Radiology	lamia.choudhury@hhs.sccgov.org
Xavier Cortez	UCSF	Anesthesia	xavier.cortez@hhs.sccgov.org
Omar Garcia	Stanford	Dermatology	omar.garcia@hhs.sccgov.org
Priya Garigipati	UT Southwestern	Radiology	priya.garigipati@hhs.sccgov.org
Justin Jagodinsky	University of Wisconsin	Radiation Oncology	justin.jagodinsky@hhs.sccgov.org
Mihir Joshi	UCSF	Anesthesia	mihir.joshi@hhs.sccgov.org
Amrita Mohanty	University of Chicago, Pritzker	Anesthesia	amrita.mohanty@hhs.sccgov.org
Haden Oliphant	UC Irvine	Anesthesia	haden.oliphant@hhs.sccgov.org
Paramjyot Panesar	UC Davis	Anesthesia	paramjyot.panesar@hhs.sccgov.org
Chetan Potu	Stony Brook University	PM&R	chetan.potu@hhs.sccgov.org
Kamron Sarhadi	UC Davis	Anesthesia	kamron.sarhadi@hhs.sccgov.org
Vrajesh Shah	UCSD	Radiology	vrajesh.shah@hhs.sccgov.org
Grant Tatro	Virginia Commonwealth	Radiology	grant.tatro@hhs.sccgov.org
David Wu	University of Minnesota	Radiation Oncology	david.j.wu@hhs.sccgov.org

Preliminary & Transitional Year Alumni 2022-2023

First Name	Last Name	Medical School	Advanced Specialty	Email
Anuk	Burli	University of Rochester	Dermatology	<u>burlianuk@gmail.com</u>
Erick	Castellanos	UCLA	Anesthesiology	erick.castellanos0323@gmail.com
Cory	Dodson	University of Michigan	Neurology	corykdodson7@gmail.com
Matthew	Kaufman	Case Western	PM&R	Mwk36@case.edu
Shoeb	Lallani	University of Alabama	Neurology	sblallani@gmail.com
Shreya	Louis	Cleveland Clinic	Neurology	<u>louisshreya@gmail.com</u>
Jessica	Shen	Boston	Neurology	jesswshen@gmail.com
Aditya	Srivatsan	Baylor	Neurology	asrivatsan2022@gmail.com

First Name	Last Name	Medical School	Advanced Specialty	Email
Omar	Al Jammal	UCSD	Diagnostic Radiology	omaraljammal.eras@gmail.com
Priyanka	Boddu	Mount Sinai	Diagnostic Radiology	priyankaboddu.eras@gmail.com
Andres	Calvillo	UCSF	Family Medicine	andrescalvilloeras@gmail.com
Sophia	Canavan	University of Chicago	Anesthesia	sofija.canavan@gmail.com
Michael	Dzima	UCSD	Anesthesia	mdzima@health.ucsd.edu
Michelle	Kihara	University of Minnesota	Diagnostic Radiology	michelle.kihara@gmail.com
Thomas	Le	Johns Hopkins	Dermatology	thomaskle888@gmail.com
Steven	Lee	Columbia	Dermatology	stevenkevinlee@gmail.com
Sean	Liu	Baylor	Anesthesia	seanmliu@gmail.com
Jessica	Lu	Weill Cornell	PM&R	jessica.c.lu@gmail.com
Yesenia	Martinez	UC Irvine	Anesthesiology	yamarti1.uci@gmail.com
Gabrielle	Mungcal	University of Cincinnati	Diagnostic Radiology	gmungcal.eras@gmail.com
Sebastian	Sanchez-Luege	University of Miami	Anesthesia	ssluege@gmail.com
Amrit	Vasdev	University of Minnesota	Anesthesia	akvasdev@gmail.com
Grant	Yoneoka	University of Hawaii	Diagnostic Radiology	grantyoneoka@gmail.com
Theresa	Yu	University of Maryland	Diagnostic Radiology	theresa.j.yu@gmail.com

Advanced Specialty Matches

Our Preliminary & Transitional Year interns have matched into the following advanced programs over the past few years:

Albert Einstein: Dermatology

Baylor: PM & R

Boston University: Anesthesiology

Brigham and Women's: Anesthesiology

Case Western: Ophthalmology

Cleveland Clinic: Diagnostic Radiology

Dartmouth: Dermatology

Massachusetts General Hospital: Anesthesia

Mayo Clinic, Rochester: Anesthesiology
Mount Sinai: Neurology, Dermatology

Northwestern: Dermatology

Rutgers: Anesthesiology

SCVMC: Radiology

Stanford: Anesthesiology, Dermatology, Neurology, PM & R, Radiology, Radiation-Oncology

SUNY Downstate: Dermatology

Tulane: Dermatology

U of Colorado: Dermatology

UC Davis: Dermatology, Radiation Oncology, Diagnostic Radiology, Interventional Radiology

UC Irvine: PM & R

UCLA: Ophthalmology, PM & R, Radiology

UCSD: Anesthesiology, Ophthalmology, Dermatology

UCSF: Anesthesiology, Dermatology, Diagnostic Radiology, Interventional Radiology

University of Pennsylvania: Ophthalmology, Radiology

University of Pittsburgh: Dermatology

University of Texas, Houston: Ophthalmology

University of Washington: Anesthesiology, Radiation Oncology, Ophthalmology

USC: Neurology, Ophthalmology, Radiology **Washington University St. Louis**: Radiology

Diversity & Inclusion

We strongly believe that strength comes from diversity. We strive not only to attract a diverse group of residents, but also work to create a culture of inclusion. Knowing you might have specific questions surrounding diversity, our residents started a list of volunteer point persons you can reach out to. This list is by no means meant to be exhaustive, but we hope it can serve as a starting point for you. You can contact individuals on this list to ask "what is it like to be at Valley and be". You can also reach out to any intern or resident on the residency contact list found on the next page for other questions. You are always free to email the Program Directors.

First Time West	Annemarie Lam	Evan Shegog	
Coaster	annemarie.lam@hhs.sccgov.org	evan.shegog@hhs.sccgov.org	
Distance Commuting	Jacky Ng	Yuriy Dasar	Joshua Lo
	jacky.ng@hhs.sccgov.org	yuriy.dasar@hhs.sccgov.org	joshua.lo@hhs.sccgov.org
DO (Osteopath)	Brandon Tam	Sara Bosomworth	Jonathan Escobar
	brandon.tam@hhs.sccgov.org	sara.bosomworth@hhs.sccgov.org	jonathan.escobar@hhs.sccgov.org
Women in Medicine	Olivia Hall	Leah Uto	Sara Bosomworth
	olivia.hall@hhs.sccgov.org	leah.chanuto@hhs.sccgov.org	sara.bosomworth@hhs.sccgov.org
Non-Traditional path to	Yuriy Dasar	Alex Kostrinsky-Thomas	
medicine	yuriy.dasar@hhs.sccgov.org	alex.kostrinsky@hhs.sccgov.org	
Bilingual Provider	Lucy Studemeister	Anita Sarkar	Gianna Brown
	lucy.studemeister@hhs.sccgov.org	anita.sarkar@hhs.sccgov.org	gianna.brown@hhs.sccgov.org
Latine	Gianna Brown		
	gianna.brown@hhs.sccgov.org		
East Asian	Leah Uto	Michelle Wu	Kenneth Tan
	leah.chanuto@hhs.sccgov.org	michelleka.wu@hhs.sccgov.org	kenneth.tan@hhs.sccgov.org
Pacific Islander	Andrew Escobar	Tana Ramos	
	andrew.escobar@hhs.sccgov.org	tananicole.ramos@hhs.sccgov.org	
South Asian	Lamia Choudhury	Jaskirat Bhatia	
	lamia.choudhury@hhs.sccgov.org	jaskirat.bhatia@hhs.sccgov.org	
A Parent / Expecting	Yuriy Dasar (brand new dad!)	Andrew + Sara Bosomworth	Jaskirat Bhatia (3 month baby)
	yuriy.dasar@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org	jaskirat.bhatia@hhs.sccgov.org
In a long-distance	Olivia Hall		
relationship	olivia.hall@hhs.sccgov.org		
Married - Local	Jacky Ng	Yuriy Dasar	Andrew + Sara Bosomworth
	jacky.ng@hhs.sccgov.org	yuriy.dasar@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org
Couples Matched	Anthony Silva + Tana Ramos	Andrew + Sara Bosomworth	Evan Shegog
	anthony.j.silva@hhs.sccgov.org & tananicole.ramos@hhs.sccgov.org	andrew.bosomworth@hhs.sccgov.org & sara.bosomworth@hhs.sccgov.org	evan.shegog@hhs.sccgov.org
Christian	Hannah Li	Sean Lim	Anthony Silva
	hannah.li@hhs.sccgov.org	sean.lim@hhs.sccgov.org	anthony.j.silva@hhs.sccgov.org
Muslim	Sanaz Abbasialaei	Aiza Anwar	Lamia Choudhury
	sanaz.abbasialaei@hhs.sccgov.org	aiza.anwar@hhs.sccgov.org	lamia.choudhury@hhs.sccgov.org
First Gen in Medicine	Anita Sarkar	Tracey Kim	Andrew Escobar
	anita.sarkar@hhs.sccgov.org	tracey.kim@hhs.sccgov.org	andrew.escobar@hhs.sccgov.org

Salary & Benefits

Extremely competitive salary and benefits are provided to interns and residents at Santa Clara Valley Medical Center due to the collective bargaining agreement between the Committee of Interns and Residents (CIR, a National Affiliate of Service Employees International Union) and the County of Santa Clara.

*Note that terms are subject to change based on contract negotiations.

SALARY AND BENEFITS FOR 2023-2024 YEAR ARE:

- > PGY1 = \$71,606.08
- ➤ The County contributes the amount equal to 7.5% of an employee's gross base salary towards a Deferred Compensation Plan
- Each resident receives an educational stipend (\$1000) for educational expenses (e.g. books, conferences, travel to present research, etc.)
- Mandatory License fees are reimbursable through the County's Employee Reimbursement Program
- Interns will receive an additional day's pay for a holiday worked (thirteen recognized county holidays)
- Interns shall be entitled to use up to twenty (20) days of paid sick leave per year
- Weekly meal allowance of \$57 (\$6 overage allowed)
 - \$24 dollars (plus up to \$6 overage) goes on meal cards used for call-day meals, Friday pancakes, snacks, etc.
 - The remaining allowance funds delicious catered meals from outside vendors for weekday educational conferences on Medicine rotations
- > Free parking and mileage reimbursement for required away rotations
- In-hospital library and access to the Stanford Lane Library including all online journals, texts and learning resources (e.g. Up-To-Date, MD Consult)